The 28-Day AI Author



Worksheet: Worldbuilding and Visual Imagery

What is the setting of your story? (Time, location, and genre)
What is the overall tone or aesthetic of your world?
□ Gritty & dark □ Bright & whimsical □ Mysterious & surreal □ Futuristic & clean □ Other:
What level of worldbuilding will your story require?
☐ Entire new universe ☐ Alternate version of Earth ☐ Specific city or region ☐ A closed environment (like a spaceship, school, bunker) ☐ Other:
PART 2: Worldbuilding with ChatGPT Use this space to brainstorm a ChatGPT prompt that fits your story:
Prompt Template:
"Help me build the world for a [genre] story set in [setting]. I want details about [city/region/culture/politics/environment]. The tone is [tone]."
Your Custom Prompt:
Paste or summarize the output ChatGPT gave you:
List 2–3 world elements you want to keep and develop further:
PART 3: Visualizing with Midjourney (Optional but Powerful) Write a Midjourney prompt to visualize one part of your world:
Prompt Template:
"/imagine A [adjective] [location type] with [key features], [time of day], [lighting], [style]."
Your Visual Prompt:

What do you notice or feel when looking at your AI-generated image? POTTER HIDLA PORLERING HORSE
Describe that location using all five senses:
Sight:
Sound:
Smell:
Touch:
Taste (if applicable):
PART 4: Layer Your World Macro Layer: What is the big-picture backdrop (planet, country, conflict, timeline)?
Meso Layer: What are the dominant cultures, belief systems, factions, or power structures?
Micro Layer: Describe a moment in a single scene. What do we feel right now in the environment?
PART 5: Final Reflection Does this world enhance your story's tension, theme, or emotion? How?
What questions do you still need to answer about your world?
How will this setting shape your main character's journey?
☐ Initial here when complete: